

COALITION NEWS



Winter, 2020

Coalition Pantry Goes Healthy in 2020

In an effort to provide healthier options for families in need, the Coalition recently made some changes in our food pantry. Although we continue to welcome donations of any non-perishable food items, the following alternatives are encouraged to allow healthier options for those we serve:

- Low sodium or no salt canned beans and vegetables
- Canned fruits packed in 100% juice or water
- No sugar added applesauce
- 100% Fruit juice
- Low sodium pasta sauce
- Whole grain cereal and pasta
- Canned chicken or tuna in water
- Brown rice

In addition to healthier options in the food pantry, the Coalition also offers nutrition education opportunities as well as a hybrid client choice model, allowing recipients input on the food items they receive.

The Coalition welcomes food donations Monday through Friday between 8:30 am and 4:00 pm at the Gilmore Client Services Campus at 1500 W. Indiana Avenue in Southern Pines. A complete list of standard non-perishable items is available at www.sandhillscoalition.org.

"Your food pantry services have been very much appreciated. As a diabetic and someone who is watching their blood pressure your idea of healthier foods is also much appreciated!"
-Coalition client



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Honorariums & Memorials

Thank you to those who choose to honor a friend, loved one or special event with a donation to Sandhills/Moore Coalition! Your support helps provide important services to Moore County families in need.

In Honor Of.....

as of December 31, 2019

Richard & Susan Beard by Dr. & Mrs. John Krahnert

John & Sarah Beard by Dr. & Mrs. John Krahnert

Stephen Blanchard by Ken & Sherry Driscoll

Coalition Staff and Volunteers by John & Marion Gaida

Bob & Elizabeth Cook by Dr. & Mrs. John McNeill

Lewis & Susan Cooper by Dan & Sara Jane Pate

John Gaida by John & Carole Alfieri

Alex & Patricia Klalo

George & Jean Neil

Fred & Barbara Nuenighoff

Peggy Raney

Mr. & Mrs. Michael Socha

Geraldine Turk

Carol Vanzanten

Marion Gaida by Margaret Owen

Bob & Joan Hammeal by Gary & Kathy Evans

Joe & Vivian Harrington by Dan & Sara Jane Pate

Cathy & Dick Harpster by Kate Tuomala

Mike & Betty Hobbs by Dan & Sara Jane Pate

Jack & Marguerite Hussey by Deborah Whitley

Jeff Hutchins by Bill & Anne Shore

Dan & Susan Joslin by Donald & Yvonne Gale

Howard & Sue Kurtz by Marguerite Hussey

Mr. & Mrs. Don Mansfield by Bob & PJ Van Laningham

Pete & Jan McLeod by Bob & PJ Van Laningham

Barbara Michetti by Lou Michetti and Deb Kessler

Bill & Diane Minton by Gary & Kathy Evans

Elly & John Moses by Mr. & Mrs. Malabad

John Nagy by Stephen Nagy

Thomas Nagy

Chris & Lauren Nelson by Mark & Gail Nelson

Larry & Lynda Newsome by Dan & Sara Jane Pate

Sarah Parrish by Dot Neale & Doug Ferris

Al & Lorraine Siano by John & Carole Alfieri

Kersey & Marshall Smith by Dan & Sara Jane Pate

Larry & Gail Tucker by Randy & Toni Lewis

William Balthaser by David & Mary Helen Young

Aiyonna Barrett by Mr. & Mrs. Ricardo C. Gomez

Michael Beebe by Donald & Sandra Beebe

Odell Brazile by Lillie Brazile

Hannah Marie Bradshaw by Joe & Geri Walker

Edward R. Burrell by Nona Burrell

Dr. Theodore Clark by Gail Clark

Bill & Florence Coffin by William & Gail Coffin

Rose Cooper by Gene & Louis Frazelle

Cris Crisafulli by Mr. & Mrs. John Diffily

Nan Cunningham by Mr. & Mrs. John Diffily

William Dietrichson by Christina Cahall

Blake & Ashley Chambers

Jeanne Earl

Darrell & Eileen Howard

Steve & Jennifer Pettit

William Dabbs by Gary & Dickie Carter

Olivia Dowdy by Olivia Brown

Polly Dunham by Albert Dunham

Barbara Flittner by Dale Hester

Harry MacCall by Bill & D Hanna

Helen Kingsolver by Linda Brillhart

Harvey & Marjorie Waters

Mrs. Susan Kouns by Bill & Dee Hanna

Maryann McCormick by Tom McCormick

Ray & Elsie McGovern by William & Gail Coffin

Joe Michalowski by Carol Graeter

Phil Moore by Ruth Arnone

Robert 'Bob' Murphy by Murphy's Music Service

Charles Nintzel by Dorothy Nintzel

Isabel Oppen by Bryant & Katherine Bozarth

R.O Pace by Rick & Sarah Palmer

Andrew D. Page by Harold & Linda McNeill

Steve Palmer by Rick & Sarah Palmer

Margo Parkes by Dr. Brian Parkes

Peter Pottle by Frank & Missy Quis

Sandhills Amateur Golf Association

Ken & Maureen Deceuster

Robert Romine by Lucinda Boyd

Joanne Stockhausen by William Stockhausen

Jack Thomasson by Jim & Shelly Artman

Jean Bradshaw

Darlind Davis

Paul & Diane Dostie

Sue & Don Griggs

Rich & Liza Howard

Ms. Shirley Kronbach

Joe & Sarah Parrish

Ms. Marsha Pront

Kathleen Richardson

Mary Ann Rowe

Hal & Marie Schneider

Larry & Gail Tucker

Barrett Walker

Michael Wareham by Susan Wareham

Sandra West by Thomas West

Juanita Williford by Gary & Laura

Charles Russell Willis by PJ Willis

William & Doreen Zastrow by Mary Zastrow

Resolve to make an
impact in 2020!



Everyday volunteers from all walks of life give their time to make a difference to Moore County families in need. Volunteering has proven to decrease stress and anxiety while providing a sense of purpose and increased self confidence. We would love to have you join our team!

**Call or email us to schedule
a tour and learn more!**

**Sandhills/Moore Coalition
1500 W. Indiana Ave
Southern Pines, NC 28387**

Contact Us

Sandhills/Moore Coalition

Client Services:

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(910) 693-1600

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Visit us on the web at
www.sandhillscoalition.org

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**Empty Bowls, 2020 tickets are now available!
Visit www.sandhillscoalition.org for more information.**